Dear Parents / Carers

Another fortnight has slipped away and we are almost half way through Term 1 already. A big congratulations to our Kindergarten students who have had a great start to their year. They are all really settled and are doing amazing things in their classroom with their teachers. It is so great to see.

A big congratulations to Mr Voorby and his crew for running an excellent swimming carnival last week. During my time at the Aquatic Centre, I saw some amazing swimming by some obviously talented students from our school, who made it such a great day. Many of our students will be travelling to the Zone carnival next week and I wish them all the best. Swimming results can be found in this newsletter.

The big event on the horizon is of course BrickFest. This is a LEGO fan event which is being held at our school on Sunday 21st February (this Sunday). Come along and enjoy the exhibition from 9am to 3pm and if you have some spare time, the P&C would love to hear from you if you can help with anything on the day. This is going to be a fantastic event and we are expecting to see a lot of people from around the wider Taree / Great Lakes area come to our school to see what’s on offer. Hope to see you there.

Most classes should have held their parent / teacher meet and greet by now. The feedback that I have received so far, has been that it has been a very positive experience for teachers and parents alike. If you need to see your child’s teacher about any issues at school, it is easiest to make an appointment with them so they can make time and ensure the meeting goes as smoothly as possible without interruptions.

Peter Johnson
Principal

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### Coming events Term 1 2016

<table>
<thead>
<tr>
<th>DATE</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>24/2/16</td>
<td>Zone Swimming Carnival</td>
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<tr>
<td>26/2/16</td>
<td>Cross Country Carnival</td>
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<tr>
<td>9/3/16</td>
<td>P &amp; C AGM Meeting</td>
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<tr>
<td>11/3/16</td>
<td>Visiting Performance</td>
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<tr>
<td>16/3/16</td>
<td>Canteen Red Day</td>
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<tr>
<td>23/3/16</td>
<td>Easter Hat Parade</td>
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<tr>
<td>30/3/16</td>
<td>School Photos</td>
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<tr>
<td>8/4/16</td>
<td>ANZAC Assembly</td>
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### ASSEMBLY ROSTER FOR TERM 1 2016

<table>
<thead>
<tr>
<th>DATE</th>
<th>ASSEMBLY / CLASS PRESENTING</th>
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<tr>
<td>22.2.16</td>
<td>Primary – 5/6J</td>
</tr>
<tr>
<td>2.3.16</td>
<td>Combined Assembly</td>
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<tr>
<td>7.3.16</td>
<td>Infants – 1H</td>
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<tr>
<td>14.3.16</td>
<td>Primary – 3/4C</td>
</tr>
<tr>
<td>21.3.16</td>
<td>Infants – 1/2M</td>
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<tr>
<td>6.4.16</td>
<td>Combined Assembly</td>
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</table>
The following students received Merit Awards and Assembly Awards at the Primary Assembly on Monday 8 February 2016, and Merit Awards and Assembly Awards at the Infants Assembly on Monday 15 February 2016.

**Merit Awards:**
Elka Petersen – Year 3
Lilyanne Small – Year 3
Yasmin Smith – Year 3
Arion Wouterlood – Year 3
Angela Wigley – Year 4
Selina Apolony – Year 5
Jasie Brown – Year 5
Jack Edwards – Year 5
Jett Johnson – Year 5
Lachlan Small – Year 5
Jesse Smith – Year 6
Emily Castle – Year 1
Matthew Farrawell – Year 1 (Absent)
Ashleigh Pegrum – Year 1
Georgie Reynolds – Year 1
Elli Wouterlood – Year 1 (Absent)
Lily Gillett – Year 2
Julian Hanna – Year 2
Ashlyn Johnson – Year 2
Ramona Ljumanovic – Year 2
Bridie Steber – Year 2

**Primary Assembly Awards:**

**3M**
Brett Davies – hard worker award, always on the job
Adele Scott – persistence, sticking to the task
Bridie Hooper – working well at skip counting
Thomas Stenning – great work in maths test

**3/4C**
Taylah Brown – great work in maths measurement activity
Emily Davis – creating lovely artwork
Cody Hooper – hard worker, always on the job
Cassius Hourn – consistent effort in all activities

**4/5V**
Hayley Holman – for effort towards beautiful book presentation
Skyla Brown – for effort towards beautiful book presentation
Jack Edwards – for effort towards beautiful book presentation
Joshua Ravenscroft – welcome to Hallidays Point Public

**5/6E**
Timanah Young – consistent effort in class
Ethan Wilson – consistent effort in class
Hamish Wilson – excellent results in summary stage 2 diagnostic test
Natalie Williams – consistent effort in learning

**5/6J**
Thomas Williams – fantastic character acting in “once upon a time in a nursery rhyme”
Charley Parkinson – consistent effort in all class activities
Georgia Daley – fantastic effort with her artwork
Kalan Steber – clever answers to mathematical questions

**Infants Assembly Awards:**
**KJ**
Chloe Jeffers – being a reliable and responsible class member
Eden Giffin – participating in all class activities
Ben Gillett – excellent work in literacy groups
Dontae Cain-Ashford – working well in literacy groups

**K/1B**
Orlando Haddon – conscientious effort and ability to stay on task in the classroom
Summer Harrison – her consistent effort and demonstrated commitment to school rules
Luis Worth – his dedication and commitment to completing set tasks
Jayden Fahmy – his enthusiasm for learning

**1/2M**
Tahlia Nicholson – always taking pride in her bookwork
Mitchell Wolfenden – wonderful listening and focus during all lessons
Solomon Hiley – applying himself to learning in mathematics
Sahara Clarke – sharing her passion and artistic flair in the classroom

**1H**
Benjamin Cain – outstanding effort in all areas
Tayla Bungard – outstanding effort in all areas
Zoe Keriacou – excellent effort in all areas
Nicholas Watt – outstanding effort in all areas

**2B**
Milla Giffin – working hard to achieve her best and setting a good example to others
Lily Gillett – working hard to achieve her best and setting a good example to others
Julian Hanna – a mature and sensible start to the school year
Jesse Nelson-Hauer – settling into a new class setting with focus and determination

**Friendly Schools & Families Awards:**

**3M** – Boston Black – a kind and caring classmate

**3/4C** – Brianna Panos – settling into Hallidays Point Public School with ease
STUDENT RESOURCES AND VISITING PERFORMANCES

This week you will receive your statement of account for this year’s visiting performances, Life Education and resources your child will use in class.

The first visiting performance will be presented in Week 7 on 11 March 2016. These performances are part of the school curriculum and it is therefore important that all students attend.

Payment can be made by cash or cheque at the administration office, which is open between 8.30 am and 3.30 pm. If you could finalise this account as soon as possible it would be greatly appreciated.

SCRIPTURE

Scripture will commence on 25 February 2016. All lessons are ecumenical and teaching highlights the broad Christian faith. If you do not want your child to attend scripture classes, please advise your child’s teacher in writing.

HPPS P & C

School banking occurs each Tuesday from February 2. If anyone is able to assist with School banking, please could you contact Mel Orchard 0413 309 862.

Also, AGM - Annual General Meeting Wednesday the 9 March, 2016. 7-00 pm in the staffroom. All executive positions become vacant so please consider taking a role. Without an executive committee the P&C may fold. This means, no canteen, no uniform shop, no fundraising, no Mother’s Day, Father’s Day, Christmas Stalls. If you have any enquiries please email to: hallidayspointpandc@gmail.com

The Clothing Pool will now be open on Monday afternoons at approximately 2.45 pm to 3.15 pm and Wednesday mornings at approximately 8.45 am to 9.15 am.

The Hallidays Point School P and C Association will be hosting the first ever “Hallidays Point BrickFest” on Sunday February 21 at Hallidays Point School. Please see times advertised hereunder and on the Administration Notice Board. The school P and C will also be holding a barbeque and cake stall. James Arrow from Café 2 U will man the coffee van. This fundraiser will be assisting the school in purchasing a much needed shade shelter for the school playground. We appreciate your support of Hallidays Point Brickfest. Any further details, contact Sarah Stenning on 0407 286 580.
PARENTING TIPS - SLEEP

How much sleep do we need? Below is a guide from evidence-based research:

- **Babies under 1 year:** 14-18 hours per day/night
- **Toddlers:** 12-14 hours per day/night
- **Primary school:** 10-12 hours per day
- **High school:** 8-10 hours per day
- **Adults:** 7-9 hours per day

What may happen when we don’t get enough sleep?

- Moody, depressed, anxious, uneasy, irritable
- Anti-social, withdrawn, poor self-regulation, hyperactive
- Poorly organized, forgetful, inattentive, less productive
- Struggle with more complex problems/tasks
- Weaker immune system
- Poorer coordination, clumsier
- Impeded learning

Some ideas that may help:

1. No TV/computer games 1 hour before bed
2. No high sugar or caffeine drinks, high sugar or spicy food 3 hours before bed
3. Ensure relaxing and regular bed time routine
   – special time with children, read a book together, relaxation techniques such as counting/breathing
4. No vigorous exercise 1 hour before bed
5. Finish eating 2-3 hours before bed if possible as digestion competes with sleeping (hot milk is ok)
6. Make sure the bedroom is comfortable re temperature, light, noise
7. Set regular bedtimes and waketimes when possible to achieve hours needed as above
8. Reward/praise children for complying with bedtime rules

School Counsellor: Sue Colditz
Source: Australian Centre for Education in Sleep

COMMUNITY ANNOUNCEMENTS

WANT TO PLAY SOCCER THIS YEAR

Registrations are open for any person turning 5 this year or older to play with Hallidays Point Sports Club. We are even looking to get our Men’s (over 17s) team back in this year. So if this is you, or your child, head to www.myfootballclub.com.au to register. Payments can be made online by credit card, into the bank account that you’ll be given when registering, or by dropping money to club Treasurer at club meeting on Monday 7 March at Hallidays Point Tavern. Any questions, please email hpsc.soccer@gmail.com or call club registrar on 0413 721 155. Like us on Facebook too to keep up to date with upcoming muster day, meetings, etc.

TAE-KWON DO

Martial Arts, Self Defence Classes for the whole family, 10 years and up!

With Michael, Black Belt Instructor on Tuesdays and Fridays, 6-00 pm to 7-00 pm. $50 per month = ($5.55 per session). Call Michael on 0406 803 388.

NEW HALLIDAYS POINT PHYSIE

Classes beginning on Thursday 11 February for ages 5 – 12 years at the Community Church in Diamond Beach Road. Ladies classes also available. First lesson free. Physie is a mixture of exercise, gymnastics and dance. Phone Marilyn on 0410 789 314 for details. BJP Physie – empowering girls for life

HAP KI DO

Coming to Hallidays Point. Hap Ki Do is a complete martial art that incorporates aspects of Tae-kwon do, Karate, Judo, Ju-jitsu, Aikido and Boxing. In a total martial art Hapkido. First lesson is FREE. Lessons are $10 each and we are a non for profit organisation, so all costs go into funding the club. Bonus Family deal pay for 2 and the rest of the family comes for free (limit of 5 please). Focus is on FUN, FITNESS and SELF DEFENCE. Contact Andrew for any further information 0411 363 273. See you there! Remember first lesson is FREE.

When: Every Monday 6.00 pm to 7.30 p. Starts 1 February 2016.
Where: Hallidays Point Public School
What is it: Self defence martial arts
Who: 5 Year and over, no limit, male and female
Why: After training at Nabiac Hall for 9 years, the hall is closing so we are moving to Hallidays with our experienced and qualified instructors.

YOUNG CARERS CAMP
Coffs Coast Adventure Centre 2 Night Camp for young carers ages 8 to 16 years, for New England and Manning, Great Lakes and Gloucester Areas. Monday April 11 to Wednesday April 13, 2016. Free event, all meals and activities included. For more information, please contact Mydie Keegan, Carer Assist to hold your place as numbers are limited. Mydie Keegan: Phone 6551 4333 Email: Mydie@carerassist.org.au

MAKE MUSIC PART OF YOUR LIFE IN 2016
Piano tuition at Hallidays Point and/or Taree. Experienced teacher welcomes NEW students, all ages and any level. Learn for your own pleasure, exams, eisteddfods and concerts, you can choose. Telephone Gwen on 6559 2381 (mornings best during the week) Thanks

YMCA SWIMATHON 2016
Take on Australia’s biggest swimming event by setting your swimming goal and help support people with a disability in your community, so they never miss out on the opportunity to swim. Registrations now open: YMCAswimathon.org.au

See Admin Notice Board for timeline and other activities at the YMCA Swimathon on 28 February 2016.

Kids Disco for 5 – 12 year olds. Friday February 26, at 5.30 – 7.30 in YMCA sports Hall. Groove to the sounds by DJ Flav. $5-00 disco entry and $2-00 sausage sizzle. RSVP at reception by February 19.

Are you looking for a great team sport to play? Come to Taree Tigers Hockey Club & give Hockey a go. There is a free starters pack for all new junior players.
It is a great team sport for boys and girls from 5 years of age. Taree Tigers Hockey Club is looking for players in 2016 for both Junior & Senior competitions. No matter what your age or ability we have the junior Boys or Girls or senior team just for you. We have a registration day on Tuesday February 23rd 5.00 to 6.30pm, then a Registration and first training day on Monday February 29th from 4.45pm to 6.00pm at the Taree Hockey Centre. If you would like to just come and try before you decide you are very welcome also. Contact Karl Williams on 0413333383 or Tony Lewis on 0418510986 for more information. So come on, give hockey a go in 2016.
### SWIMMING CARNIVAL RESULTS

<table>
<thead>
<tr>
<th>Girls all age 100m</th>
<th>1st</th>
<th>Olivia Dew</th>
<th>2nd</th>
<th>Emily Cougle</th>
<th>3rd</th>
<th>Olivia Pearce</th>
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<tbody>
<tr>
<td>Girls 8 years age race</td>
<td>1st</td>
<td>Bridie Steber</td>
<td>2nd</td>
<td>Katie Rebbeck</td>
<td>3rd</td>
<td>Jessica Edwards</td>
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<tr>
<td>Girls 9 years age race</td>
<td>1st</td>
<td>Charlie Kizilos</td>
<td>2nd</td>
<td>Hayley Wilson</td>
<td>3rd</td>
<td>Maya Ljumanovic</td>
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<td>1st</td>
<td>Brianna Panos</td>
<td>2nd</td>
<td>Charli Cain-Ashford</td>
<td>3rd</td>
<td>Tayla Wait</td>
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<tr>
<td>Girls 11 years age race</td>
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<td>Olivia Dew</td>
<td>2nd</td>
<td>Emily Cougle</td>
<td>3rd</td>
<td>Olivia Pearce</td>
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<tr>
<td>Girls 12/13 age race</td>
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<td>2nd</td>
<td>Charley Staines</td>
<td>3rd</td>
<td>Chelsea Doyle</td>
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<td>1st</td>
<td>Hayley Wilson</td>
<td>2nd</td>
<td>Skyla Brown</td>
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<td>Lilyanne Small</td>
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<td>11 years Girls breast stroke</td>
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<td>2nd</td>
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<td>Selina Apolony</td>
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<td>1st</td>
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<td>2nd</td>
<td>Jasmine Nunn</td>
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<td>Natalie Williams</td>
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<td>Georgie Parkinson</td>
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<td>Lilyanne Small</td>
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<td>11 years Girls back stroke</td>
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<td>2nd</td>
<td>Emily Cougle</td>
<td>3rd</td>
<td>Charley Parkinson</td>
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<td>Natalie Williams</td>
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<td>Charley Staines</td>
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<td>G11 years Girls Butterfly</td>
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<td>2nd</td>
<td>Ruby/Sapphire</td>
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<td>2nd</td>
<td>Ruby</td>
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<td>BOYS RESULTS</td>
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<td>2nd</td>
<td>Troy Bush</td>
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<td>2nd</td>
<td>Emerald</td>
<td>3rd</td>
<td>Sapphire</td>
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**Winning House**

Emerald
Ruby
Sapphire
## TERM 1 2016 CANTEEN ROSTER

To volunteer, please email lunchesondiamond@gmail.com

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<tr>
<th>WEEK</th>
<th>DAY</th>
<th>NAME</th>
<th>WEEK</th>
<th>DAY</th>
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<td>Tammy Cox</td>
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<td>9</td>
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## CANTEEN NEWS

Hi, my name is Susan Lythgoe and I am the new canteen manager. The canteen menu will be staying the same till a few changes or additions are approved.

As you can see from above, there are lots of spots where we need help in the canteen. Please leave your details at the office, email the above email or contact me on 0420 931 267 if you are able to volunteer. The more people that volunteer, the lighter the load, even if it is just once a term and your children will love seeing your face at the canteen. I look forward to meeting you at our lovely canteen.

Fruit Club will be starting on 24 February 2016. Buy fruit and receive a stamp on a card. Once the card is full, you can have a free icy cup.